

# Introduction to Y13 Psychology – Summer Independent Learning 2021

Your SIL includes two sections – preview work on psychopathology and completion of Research Methods:




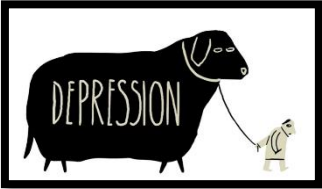

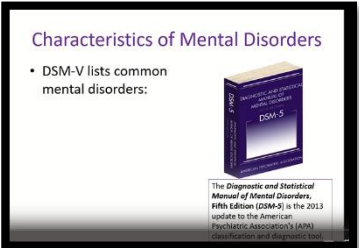
1. Preview work on **Psychopathology** which will be the first topic taught in the Year 13 course (Characteristics and Definitions of Abnormality).

Please complete the listed tasks in the order they are presented. If you are able to print this document, then please do so and **tick the checklist off** as you complete each task. If you are unable to print this document, then just read the checklist and use it as a guide.



*You will be expected to produce all of this work as evidence of completion to your teacher upon your return to college in September*

Tick when each "mini" task is complete

Task Number & Title	Description of Task	(✓/✗) Task Complete
<p><b>Preview work for PSYCHOPATHOLOGY CHARACTERISTICS</b></p>	<p>Watch the three introductory videos to OCD, depression and Phobias as these disorders are referred to throughout the topic by clicking on the images for the links:</p> <div style="text-align: center;">   </div> <div style="display: flex; justify-content: space-around; margin-top: 10px;">   </div>	
<p><b>DEFINITIONS OF ABNORMALITY</b></p>	<p><b>Lesson 1 – Characteristics of Disorders</b></p> <p>Access the video lesson by clicking on the image for the link and complete all activities and exam Q's:</p> <div style="text-align: center; margin-top: 20px;">   </div>	

**DEFINITIONS OF ABNORMALITY**

**Lesson 2- Deviation from Social Norms**

Watch the video clip on Adult babies first and then access the video lesson by clicking on the images and complete all activities and exam Q's:



**1. Deviation from Social Norms**

Behaviour is abnormal if it goes against (deviates) from what society would consider the norm.

**Lesson 3 – Failure to Function Adequately**

Watch the video clip on Cat Man first and then access the video lesson by clicking on the images link and complete all activities and exam Q's



**Failure to Function Adequately**

**DEFINITION:**  
Behaviour is abnormal if it prevents a person from leading a normal, everyday life and coping with everyday activities.

Stress and discomfort is created from:

- Unable to **MANAGE** everyday things
- Cannot **COPE** with the demands of everyday life (work / college, shopping)

**DEFINITIONS OF ABNORMALITY**

**Lesson 4 – Deviation from Ideal Mental Health**

Access the video lesson by clicking on the image link and complete all activities and exam Q's



**3. Deviation from Ideal Mental Health**

**DEFINITION:**  
Behaviour is abnormal if it lacks the signs of what people consider to be ideal mental health. It is the absence of particular (ideal) characteristics.

This definition is very much based on the Humanistic Approach

**Lesson 5 – Statistical Infrequency**

Access the video lesson by clicking on the image link and complete all activities and exam Q's



**4. Statistical Infrequency**

**DEFINITION:**  
Behaviour is abnormal if it is considered (statistically) rare / uncommon in the general population, or it is not seen very often in society

It is rare / uncommon to have a phobia of buttons – that makes it abnormal!

## ADDITIONAL CONTENT

### 2. Research Methods Completion:

Access the video lessons to complete the remaining material in Research Methods Booklet 3. *Please ensure you complete all activities and exam questions referred to in the videos.*

- **Designing Investigations pg.18-24**  
<https://web.microsoftstream.com/video/703c015a-a33c-4df3-a3b2-93961b4b7f9c>
- **Sections of a Report pg.25-27**  
<https://web.microsoftstream.com/video/e051b5d7-8ccd-4de7-a627-6ad609fbc0f7>
- **Features of Science pg. 31-35**  
<https://web.microsoftstream.com/video/ebd3b72c-f811-42ac-a2c4-d70b23d8862e>

## LINKS USED IN THE VIDEOS

If for whatever reason you have an issue accessing any of the video content, here is a handy list of all the links used through this SIL.

<https://www.youtube.com/watch?v=PCOG2G797ek> (Phobias)  
<https://www.youtube.com/watch?v=-1w9zCNhVBo> (OCD)  
<https://www.youtube.com/watch?v=z-IR48Mb3W0> (depression)  
<https://web.microsoftstream.com/video/f2231264-c1cd-4030-a54c-b4e59a3a172c?list=studio> (Characteristics of Disorders)  
<https://www.youtube.com/watch?v=qtUm1Pok4FQ> (Adult babies)  
<https://web.microsoftstream.com/video/fbc472a7-e1e4-44a0-be73-fd3dcb51c209> (Deviation from Social norms)  
<https://www.youtube.com/watch?v=AKRr94ssnQo> (Cat man)  
<https://web.microsoftstream.com/video/c7abb28b-f372-47fc-9b8a-aeb11035e626> (Failure to Function Adequately)  
<https://web.microsoftstream.com/video/ebcf78f2-14ac-4c2c-ac1a-c2a32a04cd55?list=studio> (Deviation from Ideal Mental Health)  
<https://web.microsoftstream.com/video/3c3e3a8c-abc6-43a0-9d04-9bc3a5e96b28> (Statistical Infrequency)

## CONTACT DETAILS

[Lindsay.barnes@nclt.ac.uk](mailto:Lindsay.barnes@nclt.ac.uk) : New College Pontefract