

Independent Study Periods

DIRECTED INDEPENDENT LEARNING TO INDEPENDENT LEARNING

Your teachers will set you DIL each week-it will include the following elements:

- CONSOLIDATION OF CURRENT LEARNING
- PREVIEW OF FUTURE LEARNING
- REVIEW OR RETRIEVAL OF PRIOR LEARNING


The guide below shows you the advised study time outside of lessons for each subject to ensure success at the end of the course. This should build gradually and will become increasingly independent as you progress through your courses.

DIL	Y12 Examined Courses	Y13 Examined Courses
	Number of hours/subject/week	Number of hours/subject/week
First Half Term	2 Hours	5 Hours
October Half Term Break		
Second Half Term	3 Hours	6 Hours
Christmas Holidays		
Third Half Term	4 Hours	7 Hours
February Half Term Break		
Fourth Half Term	5 Hours	8 Hours
Easter Holidays		
Fifth Half Term	5 Hours	10 Hours
May Half Term Break		
Sixth Half Term	5 Hours	Exams

Weekly Review

1. **Set aside an hour a week. No distractions!**
2. **Split up the hour evenly. 20 mins per subject**
3. **For 20 mins, review the week's work in that subject by:**
 - a. Checking your notes are clear, legible and in order.
 - b. Summarise your learning in a quick diagram, mind-map or a few lines of notes.
 - c. Highlight or circle material you found hard during the week. This is the material you will need to work on during your study periods.
 - d. Go through the DIL you have been given and the deadlines you've got. Make a prioritised list for the week.
4. **Once you've done this for one subject, repeat for the others.**

Focused Study Session

Plan 1-2 mins 

Decide what you want to learn or accomplish in your study session

Focus 100% 


Don't get distracted!
Turn off your phone and find somewhere quiet to study

Study 25 mins 

Interact with the material: organise, concept map, reflect, summarise, connect and elaborate

Break 5-10 mins 

Clear your working memory by taking a short break

Recap 5 mins 

Test yourself from memory to see what you can remember