

Summer independent learning

Subject/Group	Year 13 Extended Certificate in UPS	
Topics	Unit 11 Expedition Skills, Unit 5 Leadership, teamwork &	
	Communication	
Timescale	Summer Independent learning - Time to complete 5 hours	
	approx	
To be completed by	SIL needs to be completed and submitted to teams portal before	
	the first lesson back in September	

Unit 11 Expedition Skills



You will complete this workbook for outcome A



A - Explore the development of different expeditions and their purposes



Unit 11 - Assessment criteria

Learning aim A: Explore the development of different expeditions and their purposes		D1 Evaluate the factors
 P1 Explain the development and purposes of different expeditions. P2 Explain the factors which contribute to the development of expeditions. 	M1 Assess the factors that have contributed to the development of a range of expeditions and the importance of expeditions to the uniformed protective services.	associated with the development of different types of expeditions and their importance to the uniformed protective services
	d undertake an expedition to	
meet set objectives		
 P3 Produce an accurate plan and risk assessment for an expedition to meet set objectives. P4 Undertake an expedition, demonstrating appropriate skills and techniques throughout to meet set objectives. 	M2 Produce a detailed plan and risk assessment for an expedition and demonstrate advanced technical skills used in expeditions to meet set objectives.	D2 Produce a comprehensive plan and risk assessment for an expedition and competently demonstrate the advanced skills and techniques needed to meet set objectives.
Learning aim C: Review		
undertaking of an expedit	tion	
 P5 Review and reflect on the planning and undertaking of an expedition. P6 Produce a personal development plan based on identified strengths and areas for improvement. 	M3 Analyse own performance to reflect strengths and areas for improvement identified in the development plan.	D3 Justify personal strengths and areas for improvement needed for future expeditions.



Carry out an individual research task to find the definition of an expedition, write down your answer in the space below

Expedition types:

There are 8 main types of expeditions, some have crossovers with others, write down the names of all 8 below.



What makes an expedition an individual one?







What makes a group corporate expedition and who can they benefit?



What makes an expedition and military in nature?



What are educational expeditions, why are they important and can you name any?

Factors relation the planning and carrying out of expeditions.

When it comes to expeditions there are a number of factors that we need to take into account, use the space below to list the factors.

Environmental Factors

Our climate is changing and these environmental changes must be taken into account when planning an expedition. Carry out research and complete the table below on how these factors can have an affect on planning and running expeditions.

Environmental Factors	What affect does it have in the UK	What affect does it have outside of the UK
Global warming, melting ice cap		
Loss of Habitat, deforestation		
Unpredictable weather events		

Global warming, extreme	
heat	
More	
HOTIS	
S	

The Countryside Code

The countryside code is there to help us look after the environment within the countryside and is something we need to take into account when planning an expedition. The countryside code operates around 3 main themes of RESPECT – PROTECT – ENJOY.

For SIL you are to produce an A3 poster; this can be done either by hand or electronically that includes the 3 themes of the countryside code.

Unit 5 Leadership, Teamwork

Styles of leadership A leadership style is the manner and approach of

providing direction for a team, implementing plans and motivating people to complete a task. In the Uniformed Protective Services there are 8 styles of leadership that are commonly used. Each style has its own advantages and drawbacks depending on the operational situation. The best leaders can switch between styles seamlessly as the situation dictates. In the space below complete research to answer the questions.

In this space describe the key concepts of People orientated leadership

Now go on the research the advantaged and disadvantages of the leadership style		
Advantages	Dis-advantages	

In this space describe the key concepts of	Task orientated leadership
Now go on the research the advantaged and disac	Ivantages of the leadership style
Advantages	Dis-advantages

In this space describe the key concepts of	Laissez-faire leadershin
Now go on the research the advantaged and disad	lvantages of the leadership style
Advantages	Dis-advantages
	-

In this space describe the key concepts of	Transformational leadership
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Now go on the reasonable advantaged and disc	huantagaa af tha laadarahin at da
Now go on the research the advantaged and disac	
Advantages	Dis-advantages

	Turner et in a di la e de velsio
In this space describe the key concepts of	Iransactional leadership
Now go on the research the advantaged and disac	lyantages of the leadership style
Advantages	Dis-advantages

In this space describe the key concepts of	Bureaucratic leadership
Now go on the research the advantaged and disac	lvantages of the leadership style
Advantages	Dis-advantages

In this space describe the key concepts of	Authoritarian leadership
	Authonitanan teadersnip
Now go on the research the advantaged and disac	
Advantages	Dis-advantages

In this space describe the key concepts of Democratic leadership		
in this space describe the key concepts of Democratic tedeciship		
Now go on the research the advantaged and disadvantages of the leadership style		
Adventages		
Advantages	Dis-advantages	

Skills and qualities of leader.

An effective leader must possess the skills and quality to lead in highly volatile situations. Use the space below to outline



some skills and qualities the=at YOU think are required from an effective leader.

Skill or Quality	Reason

Communication

Every Protective Services uses both formal and informal written communications, and there are no exceptions. If you join a uniformed protective service, whether as a uniformed member of staff or as part of the support staff team, you will need to be able to complete a range of written communication. For the final part of you SIL you must take on the role of a police officer and you must write an incident report on the following crime:

Fictitious Incident: Theft of a Bicycle on School Grounds

Date of Incident: Tuesday, 13 May 2025 Time of Incident: Between 3:30 PM and 4:15 PM Location: Bicycle rack near the main entrance of Greenfield Secondary School Description of Incident:

On Tuesday afternoon, after school had ended, a Year 10 student named Jamie Patel discovered that their bicycle had been stolen from the school's bike rack. Jamie had locked the bike at 8:15 AM before classes began. When they returned to the rack at approximately 4:15 PM, the bike and the lock were both missing.

Jamie reported seeing a suspicious individual loitering near the bike racks during lunch break. The person was not wearing a school uniform and appeared to be in their early twenties, wearing a black hoodie, jeans, and carrying a dark green backpack. Jamie did not recognize the individual as a student or staff member.

The school's security camera near the entrance may have captured footage of the theft. Jamie reported the incident to the school office, and the school contacted the local police to file a report.

Item Stolen:

Black and red mountain bike, brand: Trek, with a silver water bottle holder and a sticker that says "Ride On" Estimated value: £350

Write your police report below