

Below is a hyperlinked list of staff recommended apps and websites from across the NCLT Trust. Please click on the images to access sign up and app download pages.

**Organisational App:** Adapt is a great tool to plan revision. It allows you to create an electronic revision timetable and they have a brilliant blog online to help you with managing your time and support with exam stress and worries. This would be a great way to interleave and spacetopics throughout revision.



**Time Lock/Stay Focussed Apps:** Technology and apps can help with revision and checking learning but there are times and tasks that require full focus and minimised disruptions from a phone.













**College Files:** All subject staff are using Teams to share key information, lesson content and revision materials. All students will be in a Class Teams for each of their subjects and will need to familiarise themselves with this.

**Retrieval Apps/Websites:** Each of these apps and the Seneca Website will help with quick retrieval and self-testing. These are a great additional to the revision process for checking knowledge and understanding but should not be the only revision tool. Exam technique practice is essential!











**Exam Boards: Secure Key Content:** The use of online materials from your examining boards is critical, this can include key theories, models, concepts and past examining papers.









**Expand Knowledge Further:** The websites/apps below will provide engaging video resources that can be used to enhance knowledge and understanding and increase detail within certain subject areas. Word of caution, not all subjects are included.







**Wellbeing Apps:** Wellbeing apps can support sleep and reduce anxiety helping you improve productivity, stay focused, manage stress, and perform better during intense study periods.





