

Summer Independent Learning

Subject/Group	AAQ BTEC Certificate in Health and Social Care (Y11-Y12)
Topic	Promoting Health Education and Human Lifespan and Development
Timescale	5 hours
To be completed by	This work must be completed and handed in to your subject teacher on the first day of term.

Background Information / Context – Promoting Health Education

In this unit, you will explore how health education helps improve the health of individuals and communities. You'll learn about different ways health information is shared, how organisations work together to promote wellbeing, and the strategies used to encourage positive behaviour change.

Throughout the unit, you will investigate real-world health issues, explore models and approaches used by professionals, and apply your knowledge by planning a small-scale health education activity. This will help you understand how health education supports the nation's wellbeing now and in the future, while developing skills for further study and careers in health and social care.

This unit will be assessed through a series of coursework tasks.

****If you have difficulty in accessing IT resources to produce this work, you may complete it by hand, making sure you write clearly and neatly.**

Use reliable and valid sources for your research – *DO NOT use AI and DO NOT copy information directly from a website – this is plagiarism.*

Task 1: World Health Organisation (WHO)

Use research to create an academic poster* focused on the role of the WHO.

*Find out about academic posters here: <https://www.ncl.ac.uk/academic-skills-kit/assessment/assignment-types/academic-posters/>

Research Questions

Your work must answer the following:

1. Introduction to the WHO

- What is the World Health Organisation?
- When was it established?

- What are its main aims and objectives?

2. Roles and Responsibilities

- What does the WHO do to improve health worldwide?
- How does it respond to global health emergencies (e.g. pandemics, disease outbreaks)?
- What role does it play in setting health standards and guidance?

3. Areas of Focus

Research **3 key areas** the WHO works on and then explain what the WHO does to support each of these:

- Infectious diseases
- Mental health
- Vaccination programmes
- Nutrition and health promotion
- Environmental health

4. Case Study

Choose **one real example** of the WHO's work, such as:

- COVID-19 response
- Ebola outbreak
- Malaria reduction programmes

Describe:

- What happened
- What actions the WHO took
- The impact of these actions

5. Evaluation

- How effective is the WHO in improving global health?
- What are its strengths?
- What challenges or criticisms does it face?

Task 2: Using data to identify health priorities

 Learning Aim

To understand how health is monitored in the UK and the roles of the **JSNA** and the **Department of Health and Social Care (DHSC)** in improving population health.

You need to explain the roles of the following by answering the research questions below.

- The Department for Health and Social Care (DHSC)
<https://www.gov.uk/government/organisations/department-of-health-and-social-care>
- Joint Strategic Needs Assessment (JSNA) for Wakefield
<https://www.wakefieldjsna.co.uk/>

Present your findings in either, **a written report (500 - 800 words), a PowerPoint (10–15 slides) or detailed leaflet/poster.**

Research Questions

1. Introduction to Health Monitoring

- What is meant by *monitoring health*?
- Why is it important in health and social care?
- What types of data are collected? (e.g. disease rates, life expectancy)

2. Department of Health and Social Care (DHSC)

- What is the DHSC?
- What are its main roles and responsibilities?
- How does it monitor and improve public health in England?

3. Joint Strategic Needs Assessment (JSNA)

- What is a JSNA?
- Who is responsible for it?
- What information does a JSNA include?

4. Comparing National and Local Monitoring

- How does the DHSC monitor health at a **national level**?
- How does the JSNA monitor health at a **local level**?
- What are the key similarities and differences?

5. Application to Practice (Case Example)

Choose a health issue (e.g. obesity, mental health, smoking, sexual health):

- How might the DHSC address this issue nationally?

- How might a JSNA identify and respond to it locally?

6. Evaluation (Higher-Level Skills)

- How effective is health monitoring in improving outcomes?
- What are the strengths of using both national and local data?
- What challenges exist (e.g. funding, data accuracy, inequalities)?

Background Information / Context – Human Lifespan and Development

In this unit, you will explore how people grow and develop throughout their lives, including physical, intellectual, emotional and social development. You will learn about the different stages of life and how development is influenced by a range of factors such as genetics, lifestyle, environment and socio-economic circumstances.

You will also examine how health inequalities can impact individuals and their overall wellbeing. Alongside this, you will gain an understanding of how health and social care professionals support individuals through promotion, prevention and treatment, and how they provide effective, person-centred care.

This unit helps build a strong foundation for understanding people's needs across the lifespan and is essential for anyone considering a future in health and social care.

This unit will be externally assessed through a 90-minute exam in May 2027.

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Task 3: Introduction to PIES

This unit uses the abbreviation of PIES to represent the FOUR areas of human development.

PIES stands for:

- Physical development
- Intellectual development
- Social development
- Emotional development

Produce a mind map which includes the following information:

1. A definition for each of the PIES in relation to human development
2. Examples of how each area of human development can be recognised in each of the life stages:

Birth / Infancy	0 – 2 years
Early Childhood	3 – 8 years
Adolescence	9 – 18 years
Early Adulthood	19 – 45 years
Middle Adulthood	46 – 69 years
Late Adulthood	70 – 84 years
Later Adulthood	85 + years

You can choose to write your examples, draw images, or use photos.

Learning Resources

Pearson and Tutor2u have produced several learning resources which will be useful for you. They have textbooks and revision guides designed to help you complete the course and achieve success in the exams and coursework. The resources include:

- Pearson Level 3 Alternative Academic Qualification BTEC National in Health and Social Care (Extended Certificate) Student Book

ISBN:9781292487083

- Unit 1 Human Lifespan & Development Knowledge Book for AAQ BTEC National in Health & Social Care

Publisher: Tutor2u

SKU: 14-4130-30683-03

- Unit 1 Human Lifespan & Development Revision Question Cards for AAQ BTEC National in Health & Social Care

Publisher: Tutor2u

SKU: 14-4130-30698-03

- Unit 5 Promoting Health Education Knowledge Book for AAQ BTEC National in Health & Social Care

Publisher: Tutor2u

SKU: 14-4130-30761-03