

Summer Independent Learning

Subject/Group	BTEC Extended Certificate in Uniformed Protective Services (Y12-Y13)
Topic	Expedition Skills
Timescale	5 hours
To be completed by	This work must be completed and handed in to your subject teacher on the first day of term.

Background Information/Context - Expedition Skills

In this unit, you will develop the skills needed to plan, carry out and review an outdoor expedition. You will explore why people take part in expeditions, including personal challenge, teamwork and professional development, particularly within the uniformed protective services.

You will investigate both historic and modern expeditions, considering how they have shaped current approaches to planning and safety. You will then apply this knowledge by planning and taking part in your own expedition, developing key skills such as leadership, teamwork, problem-solving and resilience.

This unit supports progression into further study and careers in the uniformed protective services, helping you build the practical and leadership skills needed for roles in areas such as the armed forces, police and fire service.

This unit is assessed through a series of practical and coursework tasks.

****If you have difficulty in accessing IT resources to produce this work, you may complete it by hand, making sure you write clearly and neatly.**

Use reliable and valid sources for your research – *DO NOT use AI and DO NOT copy information directly from a website – this is plagiarism.*

Task 1: Understanding Expedition Types

Using research, find out about the following types of expedition to complete the table below:

Expedition type	Definition	Example
Individual		
Group/Team		

Corporate		
Educational		
Military/Protective Services		
Youth Organisation (e.g. D of E)		

Task 2: Duration and Forms of Expeditions

- a. Explain the following durations of expeditions.

Duration	Explanation
One-day expedition	
Multi-day expedition	
Extended expedition	

- b. Describe 3 different types of expedition form e.g. trekking, sailing, cycling.

Task 3: Location of Expeditions

- a. Explain the following locations of expeditions:

Location	Explanation
Regional	
National	
International	

Task 4: Aims and Objectives of Expeditions

All expeditions must have a purpose.

- a. Describe the following aims of expeditions:

Aim	Explanation
Military	
Scientific	
Personal development	
Competition	
Educational	
Commercial	

Task 5: Funding Expeditions

There are many associated costs with expeditions.

- a. Explain the following funding methods:

Type of Funding	Explanation
Self-funded	
Sponsorship	
Charity	
Grants	

Task 6: Equipment and Technology for Expeditions

- Identify 3 examples of personal equipment required for an expedition.
- Describe these examples.
- Identify 3 examples of communication technology that could be used on an expedition.
- Describe these examples.

Task 7: Historical Expeditions

Choose ONE historical expedition from the list below:

- Shackleton
- Everest (Hillary)
- Amundsen
- Earhart

Complete the fact file below:

Chosen expedition:	What they did:
Challenges faced:	Why it was important:

Task 8: The Importance of Expeditions for the Protective Services

Explain how expeditions help develop the following skills:

- Teamwork
- Leadership
- Resilience
- Interpersonal

Extension question – Why are expeditions important in the training of uniformed protective services?